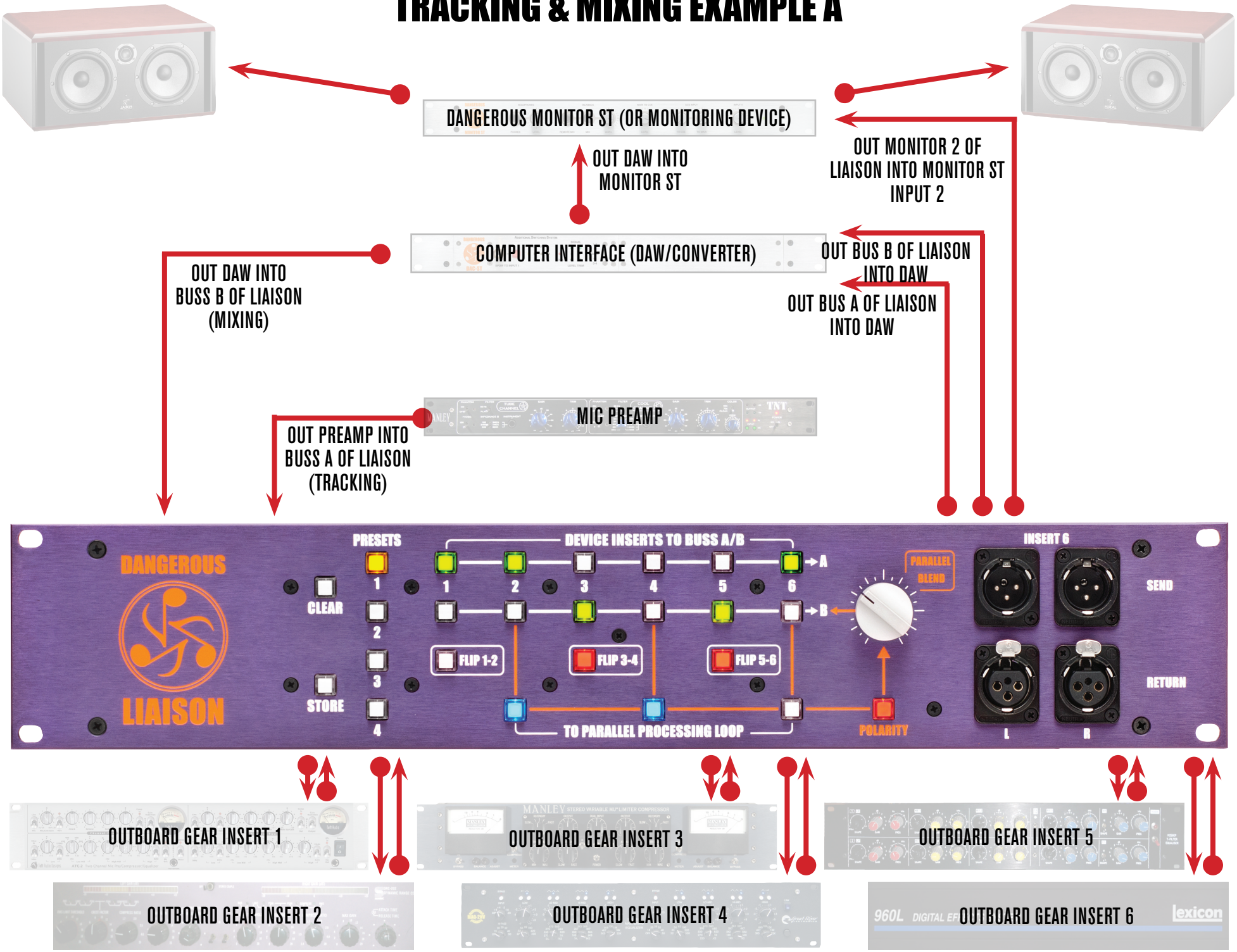TRACKING & MIXING EXAMPLE A